



STONEHAVEN MANOR & apartments
retirement residence

News release

**GRAND OPENING OF
STONEHAVEN MANOR & APARTMENTS' \$14M EXPANSION PROJECT
"TAKING RETIREMENT LIVING IN A WHOLE NEW DIRECTION"**

Kanata, Ontario (September 29th, 2010) - Mr. François Courtois, Vice-President of Operations of the Allegro Residences network, is pleased to announce the completion & grand opening of Stonehaven Manor & apartments' expansion project, an investment of over \$14M in the Kanata Community.

"In light of the fact that Stonehaven Manor & apartments has established a solid and enviable reputation in its market, the realization of this project was a given" declares Mr. François Courtois. The project features one, two and one bedroom plus den apartments, ranging from 660 to 930 square feet. The spacious kitchen-equipped apartments are bright and cheerful, each one featuring large windows and its own private balcony.

"And you get so much more" says Stonehaven's General Manager Tracy Kennedy. "We've added many new amenities, including a beautiful wellness centre, complete with spa, massage and pedicure rooms, and a fitness and yoga room. We've put in a new multi-function entertainment room and a fabulous new Internet (Wi-Fi)-equipped bistro lounge." This new phase also connects to the current building, which allowed the creation of additional underground parking.

In all, Stonehaven Manor & apartments' expansion features all benefits one would expect when seeking undivided attention : an expanded selection of services, meal plans and much more. "We focus on providing maximum flexibility and choices. This project takes retirement living in Kanata in a whole new direction" says Tracy.

The grand opening of Stonehaven Manor's expansion project will be held on September 29th, beginning with the official press conference from 1 to 2 pm, followed by an afternoon of celebration with entertainment. Representatives from Allegro Residences will be joined by the community, dignitaries, medias, residents and staff to celebrate the completion of this project and answer questions.

A Bridlewood favourite since 1993, Stonehaven Manor & apartments is part of the Allegro Residences, the largest network of private independent and assisted-living retirement residences in Quebec and the third largest in Canada, operating 20 establishments in Ontario, 23 in Quebec, 3 in British Columbia, and 1 in Alberta.