



THE WELLESLEY
retirement residence



At **The Wellesley**,
we promise you
our undivided attention...

A welcome message...

As general manager of The Wellesley, my role is to ensure that our entire team is always there for our residents. Making sure each individual feels comfortable, safe and secure is the first priority of every one of us.

From the moment you enter our lobby, it's obvious that The Wellesley is no ordinary residence. In keeping with the active, vibrant and independent lifestyle preferences of our residents, we provide a broad, diverse range of services and activities. At the same time, you'll find that the atmosphere is always relaxed and welcoming, elegant yet informal. That's what people love most about our facilities and our staff – it's all about making sure you feel right at home. And our residents know that if they have any suggestions about how we can make them feel even more comfortable, they can call or drop by my office at any time. My door is always open and their feedback is always welcome.

We hope you find that The Wellesley feels like “your kind of place” and on behalf of our team, I thank you for considering us.

The General Manager



What matters most to you?

The Wellesley has it all...

The atmosphere is warm, secure, and inviting

Just as you'd find at the best hotels and resorts, there always seems to be something going on in the lobby, the lounge and in our other common spaces, and yet somehow the atmosphere always feels relaxed and comfortable. It's as vibrant, or as peaceful, as you want it to be.

The staff is here for you

It's true: Our people really do make the difference. The Wellesley is known for its friendly, dedicated team of service providers, caregivers and property management professionals. Each of us is here to serve you. Rest assured: You have our undivided attention.

The facilities are safe, modern and beautifully appointed

For your assured safety and well-being, The Wellesley is equipped with the emergency calling and alarm systems. And for your comfort and enjoyment, we can accommodate your most important personal needs and interests, not only within your apartment but throughout the property – for dining, wellness, socializing, recreation, and so much more. This is retirement living at its finest.



...and the neighbourhood is delightful

Situated in the heart of Pointe-Claire, The Wellesley offers you the best of both worlds: You're in a quiet, active, well-established residential community with virtually every service and amenity within a few short blocks, and when you're looking for a true urban-flavoured experience you have easy access, by car or public transit, to downtown Montreal. You can also enjoy lots of fresh air and green space, both within our landscaped grounds and in the parks and walking paths throughout the surrounding neighbourhood.

You're close to everything, including:

- Important highways
- Fairview Pointe-Claire and Plaza Pointe-Claire shopping centres
- Near Lakeshore General Hospital



“As a general manager in this industry, you can make a significant difference in people’s lives. We try to deliver the best level of execution day in, day out, so our residents really have an enjoyable experience every day.”

Feeling safe and secure

Designed for the active senior looking for a home environment that’s elegant and sophisticated yet relaxed and comfortable, The Wellesley is all about independence. Our role is to enhance your freedom, maximize your choices, and keep everything flexible. Whether you’re out in the community or staying within the residence itself, we make sure you’ll always have an array of options to consider. You can stay as active, or as laid back, as you like. The choice is always yours. And if you need us, we’re always nearby.

Enhance your lifestyle with all-included amenities and special features, including:

- 3½ & 4½
- Kitchenette
- Wheelchair accessibility
- Air conditioning
- Private balcony
- Activity room
- Fitness room
- Laundry service
- Library
- Convenience store
- Banking service
- Security cameras
- Emergency call system
- Smoke detectors and sprinklers





“We get a lot of ladies who grew up cooking for their families. It’s a tough crowd to cook for because they know food. For a food services manager, it’s a big responsibility and I enjoy accepting that responsibility.”

Eating **well**

You can count on our food services team to provide delicious, nutritious, healthy meals that are always with elegance and grace. We plan our menus in accordance with the Canada Food Guide and we maintain the highest quality and safety standards. We work just as hard to make sure every meal is a pleasant and fulfilling experience, with colourful entrees that rouse the taste buds and appeal to the eye. Bon appetit!

For your everyday enjoyment, great food & special features, including:

- Full-service dining room
- Varied menus
- Personalized diets for allergies & other health conditions
- On-site prepared meals
- Fresh fruit snacks
- Themed menus
- Birthday cake
- Certified chefs
- OMG-free products
- MAPAQ-inspected kitchen





“For residents, it’s like having a whole health network. If you need it, it’s here.”

Taking **care**

The majority of The Wellesley’s residents are active and fully self-sufficient. For their added convenience and peace of mind, we offer in-house care and assistance services on a flexible, “a la carte” basis, so you pay only for the services you choose. It’s good to know that as your health needs change, we’re there for you on a 24/7 basis, 365 days a year.

Professional care & assistance services are always available, including:

- Medical visits
- Medication management
- On-site medical staff
- Lectures on health topics
- Respite & short-term stay







“If you looked in through a window and saw everybody, you might think we’re all part of the same family. And, in fact, we are.”

Having fun

Our activities coordinator works with staff members, community volunteers, and many of the residents themselves, to create an activities schedule that’s diverse and well-rounded enough to appeal both to our quietest and our most active residents. Fully supervised by our qualified personnel, our facilities and programs are designed to encourage lots of social interaction, and to enhance your physical, spiritual and emotional wellness. In addition to our onsite activities, we also provide organized cultural and recreational tours throughout the year.

We offer activities and programs for making the most of every day, including:

- Bowling
- Yoga
- Recreational and cultural outings
- Bridge
- Bingo
- Dance
- Live entertainment
- Fitness classes
- Walking club
- Reading and writing club
- Art classes
- Theater classes



At The Wellesley, we promise you our undivided attention

In addition to The Wellesley's unparalleled on-site staff, facilities and services, we also provide the benefits of being part of Allegro Residences, one of Canada's largest networks of private independent and assisted-living retirement homes. Allegro maintains a comprehensive range of policies and work practices to ensure your safety, comfort and peace of mind.

Highlights include:

National customer service support

Allegro is the only major retirement residence network in Canada to offer national customer service support. If you ever have a question or would like to make a comment about your living environment, you can call our national toll-free number to receive immediate assistance.

Call 1 866 418.9992, weekdays 8:30 a.m. to 4:30 p.m. EST.

Safety and security technologies

To ensure your safety and peace of mind, each of our facilities features fire and carbon dioxide detection and alarm systems, a call bell system available 24/7, and controlled access to the residence. In addition, all employees are trained to follow Allegro's emergency plan and safety procedures.

Food quality, safety and nutrition standards

To meet and exceed your expectations and comply with all food safety regulations, Allegro maintains a strict internal food services audit system. Our food service programs are managed in accordance with the Canada Food Guide and other agencies, and we source our foods only from reputable, well-established suppliers.

Workplace standards

All employees comply with Allegro's national training programs and policies for delivering personalized customer service.

Industry association accreditation

Allegro is a member of QSHG (Quebec Senior Housing Group), ORCA (Ontario Retirement Communities Association), and BCSLA (British Columbia Senior Living Association).

For retirement living at its finest,
choose **The Wellesley.**



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